
UPDATE

Mary Mother of the Church

Volume 33 Issue 3

April, 2010

FROM YOUR PASTOR

Fr. Jim Telthorst 894-1373
jamestelthorst@gmail.com

Dear Mary Mother Parishioners,

One of the great blessings of our parish is the presence of our two parish nurses, Laura Klages and Libby Long. They have done much to help many in our parish. Parish nurses, however, are not simply on "standby" to help someone with their nursing skills, but nurses who organize ways to help the entire parish in matters of better health and to help individuals and families with medical issues.

Each of the nurses is contracted to work 16 hours a week and some of that time, as is typical with medical matters, involves a great deal of record keeping. Because their hours are limited and their tasks are many, they cannot promise to be present for parishioners who simply "drop by" to see the nurse. It is of great help to them, and a matter of courtesy, if any who wish to see them, would call first to make an appointment. This would allow them the ability to set aside sufficient time for a quality visit.

Fr. Jim Telthorst

HAPPY

EASTER



SPOTLIGHT ON STEWARDSHIP

This month's spotlight is on a very special musical talent in our midst. In the summer of 2009, a small group of our parish musicians attended a liturgical music convention in Chicago. At that gathering, one of our parish accompanists attended a Piano Master Class and learned from a group of her peers just how talented and creative she is. While she plays regularly for our parish liturgies, we are grateful at Mary Mother to experience the benefit of her wonderful musical talent and ability -- we've known it all along. Look on page 2 to see who this remarkable woman is.

PARISH COUNCIL CHAIRMAN

Lisa Raglin 894-9976

SHALL WE DANCE?? I'm sure by now you've all received your invitation to our "Dance into Spring" Dinner/Dance. This is the first dinner/dance in a long time, and no ordinary one, either! We have the privilege of having our own pastor, Fr. T, and a couple of his musician friends providing the music for us! Now that in itself should sell out the Msgr. Reilly Center! What a fun night is in store for all who attend! Please remember that this dinner/dance is our major fundraiser for the year, like our auctions in the past. The food, music and camaraderie are well worth the cost of admission! Susan Krieger and her small committee are busy planning a lovely night, and the best way to show them you appreciate their endeavors and support your parish is to send in that reservation card and join in the fun! No doubt, the next day we will all be saying, "I could have danced, danced, danced....all night!"

DANCE INTO SPRING DINNER/DANCE

APRIL 10

AFTER 5 P.M. MASS

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**PARISH COUNCIL
VICE-CHAIRPERSON**

Randy Howe 892-6396

WE HAVE NEW COUNCIL MEMBERS

We will not be conducting an election this year because we only had 5 adults and 1 youth who put their names up for election. The new members of the Parish Council are Judy Reuter, Lori Fick, Ron Werner, Mike Cibulka and Glenn Waeckerle. The new youth representative will be Kelsey Riebeling. I thank all those who considered serving our Mary Mother Family.

**DIRECTOR OF
RELIGIOUS EDUCATION**

Ed Lewandowski 894-1373

- We hope you will make every effort to observe the **Triduum (3 days) of Holy Thursday, Good Friday, and Easter Vigil**: April 1, 2, 3. Your presence at Church during these holy days puts Faith First in the lives of your children.
- **Confirmation Class** is on April 11, 7-9 pm. Please clear the evening for your son or daughter for this most important class. The Sacrament of **CONFIRMATION** will be administered during Liturgy on Thursday, May 13 at 7:30 p.m. (arrive at 7:00 p.m.) **REHEARSAL** for Confirmation will be on Tuesday, May 11th 7-9 p.m.
- **FIRST COMMUNION LITURGY** will be **Sunday afternoon, April 25th at 2 p.m.** (1:30 p.m. arrival). Rehearsal and Pictures: Tuesday, April 20, 6:30 p.m. Children dress in 1st communion attire. One parent needs to attend rehearsal. Bring checkbook for pictures and/or DVD☺
- **Final PSR Sessions** will be **April 26th and 28th.**
- **Vacation Bible School** will be **JULY 12 – JULY 16** from 9-Noon. Watch for Registration.

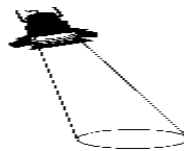
PARISH NURSE

Libby Long & Laura Klages 894-1373

Heart Disease-Myths

(Information taken from Cleveland Clinic Heart Advisor)

- #1 More men than women die of cardiovascular disease. **False**
Since 1984, more women have died of cardiovascular disease in America than men.
- #2 Cancer kills more people than heart disease. **False**
Cardiovascular disease accounts for nearly **twice** as many deaths as all forms of cancer **combined**.
- #3 CPR can re-establish a normal heart rhythm for someone in cardiac arrest. **False**
CPR is a stop gap measure. It is not enough to restart the heart. An electric defibrillator is needed. CPR will maintain the oxygen and blood flow throughout the body until the paramedics arrive. **Not all ambulances in the St. Louis area are equipped with defibrillators. At Mary Mother, we have 3 defibrillators.**
- #4 You can give yourself CPR by coughing. **False**
This does NOT work!
- #5 Bed rest is the key to recovery after heart attack. **False**
Excessive bed rest can make your muscles atrophy and make rehabilitation more difficult.
- #6 High dose antioxidant vitamins can protect your heart. **False**
Recent studies show this is of little or no protection against heart disease. Taking one multiple vitamin pill a day is recommended to provide the “B” vitamins that appear to reduce dangerous levels of homocysteine.
- #7 “I only get high blood pressure in the doctor’s office!” **False**
If a BP is high in the doctor’s office, it is likely one is walking around with spikes in their BP throughout the day.



THE SPOTLIGHT’S ON.....

MARY ANN SCHULTE

God bless you and thank you, Mary Ann!

Submitted by Ken Barnes



LITURGY NOTES

Ken Barnes 894-1373

Holy Smokes! It's Eastertime already. Once again this year, Easter is relatively early; and sometimes it seems to follow quickly on the heels of the Christmas Season. You may recall that **in 2008, Easter was very early: March 23.** Interestingly enough, **next year in 2011, Easter will be very late: April 24.**

It is very unusual for us to experience these two extreme dates so close together. As you may know, **the date for Easter each year is calculated as the first Sunday after the first full moon after the spring equinox.** That's why it shifts around from year to year. But, to show how unusual it is to experience these extreme dates, it's interesting to note that **the last time Easter was on March 23 was 1913 and the next time isn't until 2160. The last time Easter was on April 24 was in 1859 and the next time isn't until 2095.** So, you can see that to have these extreme dates so close together in our lifetime is very unusual.

In case you're wondering, **the earliest Easter can be is March 22** (the last one was 1818 and the next one is 2285); and **the latest Easter can be is April 25** (the next one is 2038 --- some of us will be around to see that one!). **Have a Blessed Easter and a Glorious Pentecost!**

CHRISTIAN FORMATION

Pat Dean 842-1887

Just as summer beauty follows winter cold, so joyful Easter Alleluias follow our Lenten prayer/repentance. May you have a happy and blessed Easter!

Hopefully, you are getting into the habit of praying the Divine Mercy Chaplet. Good Friday is the first day of the Divine Mercy novena, so novena brochures will be at the back of church the weekend before Good Friday. The novena will end the day before Divine Mercy Sunday.

We will again offer a special Holy Hour on the feast of Divine Mercy, **April 11, from 3 – 4 PM.** The Divine Mercy Chaplet will be sung; and we will have benediction of the most Blessed Sacrament. Mark your calendars for that date and time. We offer prayers to Jesus, the Divine Mercy, that, at the hour of our death, He will be a Merciful Savior for us, rather than a Just Judge.

May God be with you!

SOCIAL COMMISSION

Susan Krieger 892-6167

I am writing this article just after our third Fish Fry. Many thanks to ALL who came for a delicious dinner and VERY special thanks to ALL of the volunteers!

Our **Mary Mother Quilters** recently gave Father "T" a check for **\$4,500!** representing a year's worth of fund raising efforts on their part. We are so blessed to have such a talented and dedicated group of ladies!

Upcoming Social Events:

*** MAJOR FUND RAISING EVENT ***

Spring Dinner/Dance

to be held in the Reilly Center on **Saturday, April 10th** after 5:00 Mass. Please join us for a great evening; return your reservations **now!**

Pancake Breakfast: **Sunday morning, April 18th** after each Mass – come down for a great breakfast!

Golf Tournament: **Saturday, April 24th**; 7:30 am shotgun start at Quail Creek. See bulletin or MMOC website for registration details.

Book Fair: **May 14th, 15th and 16th.** We are collecting books now in the Vestibule.

Road Rally: **Saturday, June 12th** after 5:00 p.m. Mass. See upcoming Sunday bulletins for more information.

BOOK FAIR

Friday, **May 14** 4pm-8pm
\$5.00 admission fee: **Friday** only

Saturday, **May 15** 9am-3pm
Sunday, **May 16** 9am-3pm
(Free Admission Saturday and Sunday)

Bring your CDs, DVDs, tapes, videos and books to the church vestibule.

Please, NO: magazines, textbooks, home-made CDs/DVDs/Tapes/Videos, or Reader's Digest Condensed books.

Volunteers needed to help sort.
Sign-up sheets in the vestibule.

LITURGY COMMISSION

Mary Anne Howe 892-6396

Thank you for continuing to fill out our Liturgy Comment forms. Please keep in mind, however, that we can answer only those that are signed by the parishioner. Forms and box are located on the vestibule bookshelves.

We'd like to encourage everyone to continue trying to come into our worship space in a quiet manner. The Mary Mother community is welcoming, caring and exuberant. Please keep in mind that our community needs quiet to grow, also! We hope that, when our Ministers of Hospitality open the doors for us, it will serve as a gentle reminder to enter in stillness as we prepare for the celebration that awaits us.

The Lenten, Holy Week (Triduum) and Easter Liturgy committees have planned some beautiful services. Thank you for blessing us. If you would like to serve on a planning team in the future, please let me know.

Thank you for all the ways you add to worship at Mary Mother.

EVANGELIZATION COMMISSION

Mary Jo Masterson 843-7438

Thank you to the five adults and one youth who stepped forward to serve on the next Parish Council. They will attend our meetings as guests for the next couple of months, until they are officially installed at the end of May. We trust that they will be given the same great support that the current council has been given.

As we look around us, each day we see new signs of spring. Trees are beginning to bud, flowers are pushing through the earth, and the sun is shining after many long weeks of winter. As it does each year, nature is replicating the season of Lent and reminding us that the glorious feast of Easter is quickly approaching. At this very holy time of year, let us all reflect on the ultimate sacrifice that the Son of God made for each of us; and let us boldly share that evangelizing message with those around us!

Happy Easter!

ADMINISTRATION AND FINANCE COMMISSION

Angie Ness 704-1590

Did you sign up for Faith Direct several months ago? Have you been wondering how to update your account and increase your gift? More and more of our parishioners have been using this method to give their offertory each month. To increase your gift, or change your account, simply sign in at www.faithdirect.net. After signing in, you will be redirected to your membership page. Select "update payment info+gifts." From this page, you will be able to add to your gift each month, week or to add a new giving account.

If you have never joined, this is a great way to be certain your donation is still given each week, even if you are out of town or forget to bring your envelope! Sign in at the above website and use our parish code, MO56. For more information, please contact the office.

Gearing Up for the MMOC 2010 Road Rally!

Race fans, hot-rodders, start your engines! Trivia fans, scavenger hunters, put on your thinking caps! The third annual Mary Mother Road Rally will be June 12th. We are hoping for a great turnout. For those of you unfamiliar with road rallies, think of it as a scavenger hunt with cars. This year the Road Rally's theme is the Roaring '20s! It was the age of jazz, Lucky Lindy, Prohibition, gangsters and rum-running. Teams should feel free to adopt a theme for their car, or for their post-Rally party table. Teams are asked to bring a dish, desert, snack, or beverage for the post-Rally party. Prohibition will be enforced before and during the Rally; but the 21st Amendment will repeal Prohibition in time for the post-Rally party. So flappers and flyboys, grab your teams and watch the Sunday bulletin for further information.

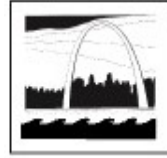
CHRISTIAN SERVICE COMMISSION

Kim & Rich Blackford 845-9422

Thanks to everyone who attended the immigration forum held on February 21 and the Healthy Communities retreat held on March 6. All who attended came away with much useful information.

We would like to inform everyone of two opportunities in which to participate. Habitat for Humanity begins a new building project on April 16/17. If you have questions or want further information, contact Jason Serati at 636-349-7742.

Also, coming after Easter is our next installment in the Just Matters series. This one, entitled Crossing Borders, will explore the state of immigration in our country. Please



MCU for St. Louis

METROPOLITAN CONGREGATIONS UNITED ISAIAH

Ginny Schrappen 487-6584

TIME TO VOTE

The Election for Proposition A is Easter Tuesday, April 6, 2010. This is when we get the opportunity to Pass Prop A so that public transportation can be reinstated and expanded in the metropolitan area. We have seen the devastating effects that have happened to the more vulnerable people in our society. As Catholics we are called to give Preferential Option to the Poor. This is an opportunity to do that. Proposition A, if passed, would then free up the money the city of St. Louis has already approved; and that money will then be spent on some of the ideas Metro has proposed to the East-West Gateway Council. They are the decision makers in this process. Metro just proposes several options and the Governing board makes the decisions. Now that Bob Baer is CEO of Metro, there has been an invigorating educational movement so that we can educate ourselves on the issues. There were mistakes in the past; and Mr. Baer was not at the helm at that time. He has worked tirelessly to correct many of those mistakes and unfulfilled promises. We strongly encourage everyone to **Vote YES**, if for no other reason than it is for the **COMMON GOOD**.

HEALTH MINISTRY

Craig Snavelly 487-8995

Wow! It's been a year since I was called by Christ to be involved with Health Ministry and it's been a great experience!

The reason I share this with you is because our commission is in need of a few people to come and share their talents with us and MMOC.

In April, we will be holding a discernment; and, if you are feeling a calling to share your talents, we would like to see you come and visit with us to learn more about what we do.

It's important to note, there is no need to have a medical background, so if you are feeling the urge, we will welcome you. The Night of Discernment is April 20, at 7PM; and you can contact Laura or Libby at 314-894-1373 or myself.

TITHING

February 2010 (4 Sundays)

1. **Energy Care**, \$1,000 – Provides financial assistance for utility bills for those facing loss of gas/electric service. (Three times a year, since 1997)
2. **Casa Materna, Nicaragua**, \$700 – Assists women in high-risk pregnancies. Services provided two weeks before and after birth include shelter, medical evaluation and monitoring, food, education, and transportation. (Since 2002)
3. **Arnold Food Pantry**, \$1,000– Provides a food pantry and a Thrift Shop for those in need. (Since 2004)
4. **Our Lady's Inn**, \$1,200 – Provides shelter and care for pregnant women in the St. Louis and St. Charles areas and helps them find suitable permanent housing. (Since 1997)
5. **Let's Start**, \$600– Assists women who are discharged from prison to face the challenge of integrating back into society. Housing, education, counseling, and job search needs are included. (Since 2004)
6. **Rebuilding Together**, \$600 – Purchases materials to repair homes of the elderly, the disabled and low-income homeowners who cannot afford to do so. All labor is done by volunteers. (Since 2000)
7. **Vincent Gray Academy**, \$700 - Helps provide an education for poor, at-risk young men and women in a supportive and respectful atmosphere. (Since 1997)

CITIZENS AGAINST PORNOGRAPHY

Carl Hendrickson 892-6451

Thanks for joining with CAP in petitioning the FCC to enforce broadcast decency laws. To have remained silent would have given tacit consent to the transmission of porn over the airwaves. CAP meets the third Thursday at 7:30 p.m.

PRO-LIFE

John Siesener 842-6408

*"OUR LIVES BEGIN TO END THE DAY WE BECOME
SILENT ABOUT THINGS THAT MATTER."
REVEREND MARTIN LUTHER KING, JR.*

For Catholics, the defense of human life is and should be a way of life. A well-formed Catholic conscience does not permit a political program or law that contradicts fundamental principles of our faith. At this time, our elected representatives are working to include publicly funded abortion as part of a national health care bill. This is an outrage to the millions of citizens who oppose the killing of unborn babies. Please contact your elected officials in Washington D.C. and tell them you object to the use of your tax dollars to kill unborn babies.

Our next meeting is at 6:30 p.m., in the upper Annex on April 6th.

PANCAKE BREAKFAST

APRIL 18

AFTER ALL MASSES

April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 HOLY THURSDAY 7:30pm (No meetings)	2 STATIONS-3:00 GOOD FRIDAY 7:30pm	3 Confessions-3:45 EASTER VIGIL 8:30pm
4 EASTER MASSES 7:30am 9:30am 11:30am	5 PSR Classes	6 Exposition Quilters TOPS - 9:00 Sr. Activity Pro Life-6:30	7 Exposition Tai Chi - 9:30 PSR Classes NO Choir Prac. Cancer Support Chapel - 7:30	8 Exposition Yoga - 4:45 Liturgy - 7:00 Choir Prac. 7:30	9	10 3:45 Confessions Dinner & Dance Reilly Center Blood Pressure Screening
11 Preschool Confirmation Class - 7:00pm Youth Group Annex - 7:00 B/P Screening	12 PSR Classes Youth Comm. Annex - 7:30	13 Exposition Quilters TOPS - 9:00 Sr. Activity ACTS Core Team PEACE - 7:00 Youth Vol-7:30	14 Exposition Tai Chi 9:30 SandwichShoppes Children's Choir PSR Classes Choir Prac. 7:15	15 Exposition Yoga - 4:45 Teen Choir 4:45 Choir Prac. 7:30 CAP - 7:30-Rm1 MMOC Uniform Pickup & Retn.	16	17 Confessions 3:45
18 Preschool PANCAKE BREAK- FAST - Hall NO UPDATE DUE Sr. Social Grp. Youth Group	19 PSR Classes	20 Exposition Quilters/TOPS Sr. Activity Health Comm. SandwichShoppes Social mtg 7:30 1stCommReh/Pix	21 Exposition Tai Chi 9:30 Children's Choir PSR Classes Ath. Mtg. -7:30 Choir Prac. 7:15 Evan. Mtg. -7:30	22 Exposition Yoga - 4:45 UPDATE collating Teen Choir 6:00 Parish Council Choir Prac. 7:30	23	24 GOLF TOURNAMENT Confessions 3:45
25 1st Comm. Liturgy 2:00pm Youth Group Service -7:00	26 PSR Classes	27 Exposition Quilters/Tops Sr. Activity SandwichShoppes Stitching-6:30 Ad Fin - 6:30 PEACE - 7:00	28 Exposition Tai Chi - 9:30 PSR Classes Choir Prac. 7:15	29 Exposition Photo Sessions 2:30 - Hall Yoga - 4:45 Choir Prac. 7:30	30 Photo Sessions 2:30 - Hall	

UPDATE

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St. Louis, MO 63128

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Page 8

UPDATE

DEATHS:

Brian Clancy

BAPTISMS:

Joyce Henderson

NEW PARISHIONERS:

Rachel Buerke & Jared Medley

Owen Medley

David & Mary Coverstone

Kevin & Beth Gilbers

Dominic

Daniel & Mary Kelly

Robert & Lisa Lieb

Brian, Kevin

Raymond & Betty Schmidt

Adonis & Amanda Smith

FAREWELL:

Judy DeVeydt

Daniel & Lisa Kuhn

Mike & Elizabeth Spengemann